

### ENDOMETRIOSIS ASSOCIATED MALIGNANCY

DR AMITA NAITHANI / DR RUPINDER SEKHON

SR CONSULTANT
GYNAEONCOLOGY

ARTEMIS HOSPITALS DELHI NCR,

#### **OBJECTIVE**

Does such an entity really exist

What are the risk ratios & risk factors

Any specific EAM defining criteria

Most common EAM & subtypes

Any prevention modality

Clinical implications for treating professionals

- Endometriosis: Wilbur MA et al. 2017
  - 5 -15% reproductive age women
  - 3 5% postmenopausal women
- Probable malignancies associated with endometriosis (EAM): Krawczyk N *et al.* 2016, ESHRE guidelines
  - Overall: RR 1.07
  - Ovarian 80%
  - Extra-ovarian: 20%

(Endometrium, Breast, Cutaneous melanoma, Intestine, Rectovaginal septum, Abdominal wall, Pleura, Brain, Thyroid, Kidney)

#### Disease Burden

Overall risk is very low Not statistically significant

#### Origin From Endometriosis

- 1. Evidence of endometriosis close to tumor
- 2. Exclusion of invasion from other sources
- 3. Presence of tissue resembling endometrial stroma surrounding characteristic epithelial glands
- 4. Presence of transition from benign to malignant changes

#### Possible Pathophysiology

- ► Inflammation: Chronic + Acute
  - Infiltration of endometriosis in surrounding tissue > Periodic hemorrhage >
     Increased local macrophages and cytokines > Cellular proliferation + Immune dysregulation
- Hyper estrogenic state:
  - Increased aromatase in endometriotic implants > Increased E2 > b catenin pathway
    - > Cellular proliferation > Atypical endometriosis (Intermediate precursor lesion) > Progression to malignancy

Possible Pathophysiology

- Common genetic alterations:
  - LOH, PTEN, ARID1A, p53, PIK3CA, KRAS, Hormonal receptors

# Absolute risk of developing cancer in a woman's lifetime

Increase in risk in women with endometriosis

Ovarian cancer
Breast cancer
Thyroid cancer

All women	Women with endometriosis	endometriosis
1.3 %	2.5 %	+1.2 %
12.8 %	13.3 %	+0.5 %
1.3 %	1.8 %	+0.5 %



**ESHRE** guidelines

Presently, the diagnostic gold standard for Endometriosis continues to be invasive laparoscopy followed by histological examination

Aim is to improve prevention, early detection, precise diagnosis,

and treatment approaches, thereby optimizing the clinical outcome for patients with EAOC

- RR: 1.37 compared to general population
- AR: 2.5% compared to general population
- >1% premenopausal women with endometriosis
- $\sim 1-2.5\%$  postmenopausal women with endometriosis

- Krawczyk N et al. 2016
- Chen B et al. 2024

- Factors associated with increased risk
  - Duration of the disease surpasses 10 years after the initial diagnosis
  - Frequent occurrence of ovarian endometriosis
  - Size of endometrioma >/= 9 cm
  - Postmenopausal status
  - Primary infertility

#### > Ovarian cancer types:

- Endometroid carcinoma: 85 90% associated with endometriosis
- Clear cell carcinoma: 50 74% associated with endometriosis
- Low grade serous
- High grade serous and Mucinous: No association

- Wilbur MA et
  - Krawczyk N et al. 2010
- Popros CI et al 20

#### Common somatic mutation

Not predictive of future development of malignancy

Overall risk is very low

Routine screening only

- 1. EAOC is characterised by early age onset
- 2. Commonly a low-stage and low-grade disease

usually without ascites at initial presentation .

3. Significantly better prognosis (DFS and OS)

A possibility of malignant transformation should be included in diagnostic

considerations for patients with endometriosis, especially

in postmenopausal women who present a sudden recurrence

of symptoms.

Because of the malignant potential, endometriosis

patients should, if indicated, receive a combined estrogenprogestin

therapy (HRT, hormone replacement therapy) or tibolone

even after hysterectomy; unopposed estrogens should generally

be avoided in these patients.

Clinicians should be aware of the increased risk of specific subtypes of ovarian carcinoma in endometriosis patients

All patients with atypical endometriosis should be referred to gynae-oncologist



Long-term hormonal treatment

Associated with increased and decreased risk of some cancers

Not increased risk of endometriosis associated malignancy

#### Complete surgical excision

may decrease risk of endometriosis associated ovarian cancer

Risk benefit should be considered

**ESHRE** guidelines

Management of endometriosis associated ovarian cancer is not different from those **not** associated with endometriosis

- Krawczyk N et al. 2016
- Chen B et al. 2024

#### Take home message

- Increased risk: Ovarian, Breast and Thyroid only
- Low Absolute increase risk Routine population based screening
- Decreased risk of cervical cancer
- Associated ovarian cancer mainly Endometroid, Clear cell and Low grade serous
- Mucinous and High grade serous are never associated with endometriosis

#### Take home message

Ovarian cancers associated with endometriosis – Favourable clinic-pathological features and favorable prognosis

- Proposed pathophysiology for the development of cancer in endometriotic implants
- ➤ Genetic analysis of endometriotic tissue Can not predict future development of malignancy

#### Take home message

- No definite tool to predict future development of malignnacy
- ► Long-term hormonal treatment No association with increased cancer risk
- Complete surgical excision May decrease cancer risk
- Management of endometriosis associated ovarian cancers is same as that of non endometriosis associated
- Individualized approach





### THANK YOU



#### SUGGESTED READING

- 1.New insights about endometriosis-associated Ovarian cancer: pathogenesis, risk factors, prediction and diagnosis and treatment: Biqing Chen, Liping Zhao, Rulin Yang and Tianmin Xu\* Department of Obstetrics and Gynecology, The Second Hospital of Jilin University, Changchun, China
- 2. Endometriosis-associated Malignancy

N. Krawczyk1, M. Banys-Paluchowski1,4, D. Schmidt2, U. Ulrich3, T. Fehm1

3. ESHRE 2022 GUIDELINES